

FIRST AID FOR SEIZURES AT SCHOOL

FOR ALL TYPES OF SEIZURES

- **Prevent Injury**
- Time seizure
- Stay with the person until seizure ends and person fully awake.
- After the seizure tell them what happened in simple terms.
- Calm yourself and others
- Check to see if there is a medical bracelet.
- Follow student's individualized healthcare plan (IHP)

FOR CONVULSIVE SEIZURES

- **Follow poster tips and:**
- Remove nearby objects that may cause injury
- Remove eyeglasses
- May need to ease the person to the ground
- Time seizure
- Follow health provider's orders for administering emergency rescue medications (usually after 5 minutes). Inform parents and nurse.

CALL 911 IF

- **Rescue medications are given**
- Seizures start again soon after ending
- Seizure lasts longer than 5 minutes (or sooner as per student IHP)
- No known history of seizures
- The person has a health condition like diabetes (consider diabetic first aid) or heart disease or pregnancy

AFTER THE SEIZURE

- Place in side-lying recovery position.
- CPR is not necessary during a seizure. If breathing does not resume or stops after a seizure, CALL 911 and follow the protocol for AED/CPR (with rescue breathing) for the person's age

